

LAS

Dolina Soče

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Program proposal – Estonia, Latvian group - 39 people (one bus) from 7th till 11th May, 2018

7 May - with bus from Ljubljana airport to Trenta valley

Welcome at Ljubljana airport at 13.05 by Majda Odar (00386 31 382 078) and Edvin Kravanja (00386 41 850 917).

Triglav National Park – only national park in Slovenia.

Majestic, mysterious, exciting, playful, and unique. Slovenia's only national park proudly covers 840 square kilometres in the heart of the Julian Alps.

Endemic animal species, including the wolf, bear and lynx, and bountiful diversity of flora that boasts 19 endemites. In this land of myths and legends, people still live in perfect harmony with nature, attuned to its tradition.

Visitor management is one of the most important topics of the area. Guest will have opportunity to get information have national park, together with local authority manage this problem in high season. All topics are connected with nature, culture heritage, visitors management, introductions of local best practise.

Welcome to Trenta, Info center Dom Trenta exhibition - guided tour, accommodation and dinner



8 May - Triglav national park and Trenta valley

Guides: Marko Prenter and Edvin Kravanja, both TNP

Trenta valley is a visitor's paradise. All who visit it take back a peaceful yet unforgettable experience of intact nature which eases the mind tired of the hectic pace of life, energises the body, releases the newly found energy and drive, and quenches curiosity. It offers nature, culture heritage and history. The star of the valley is river Soča.



8.00 Time for breakfast and coffee

9.00 Soča Trail - guided tour (Triglav national park and Trenta valley - nature, culture and history, hidrology) – walk along Soča river to spring of Soča with TNP guide

14.00 Lunch in mountain hut "Pri izviru Soče "

15.30 Soča Trail - guided tour (Triglav national park and Trenta valley - nature, culture and history) – walk to high pasture and valley Zadnjica – one the most typical glacier valley in Slovenia.

19.00 Dinner at Ecofarm Plajer

9 May - Bled and Bohinj

Guides: Iztok Butinar – whole day and Janez Grašič (Bohinj area) by TNP

Lake Bohinj is the largest lake in Slovenia. Nested in the heart of the Julian Alps, this jewel is a precious resource and at the same time offers endless opportunities for outdoor activities.



7.30 Time for breakfast and coffee

8.30 Departure to Bled and Bohinj area (over pass Predel)

10.30 Welcome by TNP Director in Info center Triglavsko roža Bled and walk to Bled old town

12.30 Departure to Bohinj area

- 13.00 Lunch in Bohinj - Hotel Kristal, Ribčev Laz
- 14.35 Short walk by Lake Bohinj with the locals
- 15.30 Cable car to Vogel - panoramic view point
- 16.30 Cable car back to Lake Bohinj
- 16.50 With tourist boat from Ukanc to Ribčev Laz
- 17.30 Visit of Center TNP Bohinj and welcome by Director of Turizem Bohinj
- 18.30 Dinner in Bohinj, guest house pri Hrvat, Srednja vas
- 20.00 Back to Trenta

10 May Soča valley



Guides: Edvin Kravanja, Marjeta Albinini, Davorin Koren by TNP, Greta Čenilogar with co-workers by LAG Primorska

7.00 Time for breakfast and coffee

8.00 Departure to Tolmin

9.30 Meeting with LAG Primorska representatives, guided tour through Tolmin gorges (The Tolmin gorges are the lowest and southernmost entry point into the Triglav National Park and Tolmin's most important sight of nature)

12.00 Visit eco village Čadrg (located in Triglav National park). Their principal activity is the production of cow's milk that is processed at the village cheese dairy into the well-known autochthonous cheese, Tolminc, and albumin cottage cheese.

13.30 Lunch

17.00 Departure to Trenta

11 May

Guide: Edvin Kravanja

6.00 Time for breakfast and coffee

7.00 Departure from Trenta to Ljubljana- airport (Estonian group); Latvian group continue driving to Bled

10.00 Bled – Latvian group (Bled is Alpine Pearl and one of the most visited places in Slovenia with lake, island and castle)

11.30 Infocenter Triglavska roža in Bled (coffee, toilette) and Bled sightseeing (by visitors themselves) or shopping

14.15 Departure to Ljubljana from Infocenter Triglavska roža

15.00 Arrival to Ljubljana airport